

At Winton Primary we want to include you as parents in your child's development and learning. Please find below some activities that you can do with your child that link with the work that they are doing in school on "New Beginning".

☺ What did you do? -With your child discuss what you both did that day. What was the best thing you did? Draw a picture about what you did.

☺ Board game - see separate sheets.

☺ My new classroom - Talk about your child's new classroom, can they draw a picture of it? Discuss their picture. What do they do where? Where do they sit? What do you like about your classroom? Is there anything you don't like? What? Tell your child about classrooms that you were taught in. Is it like their classroom?

☺ My new class - Ask your teacher for a photo of the new class. Look at it with your child. How many names do you know? What do you know about the children in your class? Who is friends with who? What do different children like doing in school? Which children are you friendly with?

Year 2 children only-

☺ Making a change - Now you are in a new class you should start to do something new to show that you are getting older. With your child set a goal that they can work towards e.g.

- Make my bed
- Get dressed without help
- Choose the clothes I wear
- Help with cooking
- Tidy up after myself
- Do my homework without having to be told!

New Beginnings



Everyone has a new beginning in September.



Yr R, 1 and 2

Social and emotional aspects of learning Autumn 1 topic.

This half term the children will be looking at "New Beginnings". This is particularly relevant at this time of year in school as we are all getting used to our new classes, teachers and friends.

The theme offers children the opportunity to see themselves as valued individuals within a community, and to contribute to shaping a welcoming, safe and fair learning community for all.

Throughout the theme children explore feelings of happiness, excitement, sadness, anxiety and fearfulness, while learning (and putting into practice) shared models for 'calming down' and 'problem solving'.

Below are the objectives that the children will be working towards in Year R, 1 and 2. We will be doing various activities in class and during assemblies to develop our children's understanding of their feelings.

	Year R	Year 1 and 2
Belonging	I know I belong to my class I know the people in my class I like belonging to my new class and school I know that people in my class like me. I like the ways we are all different	I know that I belong to a community I feel safe and happy in my class I feel good about the ways we are similar and different I know how to make someone feel welcome
Self-awareness	I can tell you something special about me	I can tell you how I am the same and different from my friends I feel good about my strengths
Understanding my feelings	I can tell if I am happy or sad I can let you know if I feel happy, excited, sad or scared. I know that it is Ok to have any feeling but that it is not Ok to	

	behave in any way we like (if it hurts other people)	
Managing my feelings	I know some ways to calm myself down when I feel scared or upset	I know some more ways to calm myself down when I feel scared or upset
Understanding the feelings of others	I know that everybody in the world has feelings	I can sometimes tell if other people are feeling sad or scared and I know how to make people feel better.
Social Skills	I can share in a group I can take turns in a group I can join in with other children playing a game I know how to be kind to people who are new in the classroom.	
Making choices		I know some ways to solve problem.
Understanding rights and responsibilities	I know what to do in my classroom	I know what I have to do myself to make the classroom and school a safe and fair place for everyone. I can help to make the class safe and fair place I can help to make my class a good place to learn.



Key words

feelings
angry/cross
calm down

happy
comfortable
fair

scared/worried
uncomfortable
belong