

At Winton Primary we want to include you as parents in your child's development and learning. Please find below some activities that you can do with your child that link with the work that they are doing in school on "New Beginning".

☺ Making a change - Now you are in a new class you should start to do something new to show that you are getting older. With your child set a goal that they can work towards e.g.

- Make my bed
- Get dressed without help
- Choose the clothes I wear
- Help with cooking
- Tidy up after myself
- Do my homework without having to be told!

☺ A charter - In school each class will make a class charter, basically a list of agreed rules that the children in the class will follow during the year to make the class a happy, good place to be. With your child and family think about making a "Family Charter".



☺ Rights and Responsibilities - Talk about the rules in school and why we need them. Talk about the rules there are in your home and why you need them. Talk about all the jobs that need to be done in your home. Who does them? Is it always the same person? Can you make it any fairer?

☺ Making people feel welcome - Do you ever have people come to see you? At school we will be talking about how to make people feel welcome. Talk together about some of the people who visit you. How do you make people feel welcome in your home?



☺ Family Flag - Everyone has an interest or a gift or talent. What are the interest, gifts and talents of the people in your family? Make a flag with your child so there is something special on it to show a bit about all the people in the family

New Beginnings



Everyone has a new beginning in September.



Yr 3 and 4

Social and emotional aspects of learning Autumn 1 topic. This half term the children will be looking at "New Beginnings". This is particularly relevant at this time of year in school as we are all getting used to our new classes, teachers and friends.

The theme offers children the opportunity to see themselves as valued individuals within a community, and to contribute to shaping a welcoming, safe and fair learning community for all. Throughout the theme children explore feelings of happiness and excitement, sadness, anxiety and fearfulness, while learning (and putting into practice) shared models for 'calming down' and 'problem solving'.

Below are the objectives that the children will be working towards in Years 3 and 4.

We will be doing various activities in class and during assemblies to develop our children's understanding of their feelings.

Year 3 and 4	
Belonging	I know something about everyone in my class I know that I am valued at school I know how to make someone feel welcomed and valued in school I know what it feels like to be unwelcome I know how to join a group
Self-awareness	I can tell you one special thing about me
Understanding my feelings	I know how it feels to be happy, sad or scared and can usually tell if other people are feeling these emotions I can predict how I am going to feel in a new situation or meeting new people
Managing my feelings	I know how it feels to do or start something new, and some ways to cope with these feelings. I can manage my feelings and usually find a way to calm myself down when necessary

Social Skills	. I can give and accept a compliment
Making choices	I know some more ways to solve a problem
Understanding rights and responsibilities	I can contribute towards making a class charter I understand my rights and responsibilities in the school I understand why we need to have different rules in different places, and to know what the rules are in school



Key words

gifts
talents
rights
responsibilities
helpful/hopeful
thoughts
scared
frightened
excited
nervous